

Rwandan National Forum

Difficulties our country is experiencing will not be resolved without contribution of all Rwandans. Therefore, Rwandans inside the country and all over the world are invited to this forum to give their opinions on different issues that Rwanda is facing right now.

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December 21, 2009 - 9:28:32 PM

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Hakizimana Jean de Dieu

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 **THE RWANDAN PROBLEM FOR THE FUTURE RECONCILIATION BOTH HUTU and TUTSI.**

May 16th, 2002 - 4:37 PM

Forgive to heal the Rwandan problem for the future reconciliation both Hutu and Tutsi.

Many Rwandan are afraid to forgive because to them forgiving means they remain a victim. They are afraid the other person will keep on doing what they were doing. Yet, forgiveness is what changes perception and experience: It would change the very pattern that got you into this problem. Forgiveness is not sacrifice, it is transformation and peace.

What you hold against those you dislike is judgment and grievance. Yet, only the guilty blame. the innocent see nothing to condemn. When we feel guilty, in an attempt to avoid suffering, we repress the feeling and project it out on someone else. Thus, what we hold against others is what we are judging in ourselves. our grievances and projections on others give us access to finding areas of conflict inside ourselves. We can work very hard in our lives without much reward to hide our guilt is unrewarded.

Our forgiveness of others release our buried guilt. So, rather that make someone you dislike to the scapegoat and lose the opportunity to heal hidden conflicts, to day choose to do that which would free you both (Hutu and Tutsi) .. If you continue to judge them, you will be stuck with you have judged and remain in the same situation. Your guilt, although hidden, will continue to punish you. Please Hutu and Tutsi looks inside of your hearts and bring forgiveness alive for better reconciliation, and future of our Children in Rwanda.

Forgiveness protects your rights and your freedom while releasing your

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subconscious guilt. Forgiveness transforms the situation by transforming perception. Forgiveness reinstates everyone's innocence including your own.

Exercise to forgive

List three grievances that you have with another person. For each one ask yourself. "Would I hold this against myself? " If the answer is no, you both are free. Turn the forgiveness over to that has all the answers- your Higher Mind. Any time you think of someone you dislike just know the forgiveness is being handled for you. Enjoy the result and let me know, at hakiza@yahoo.com.

<http://www.rwandahope.com>

Jean de Dieu Hakizimana

Re: THE RWANDAN PROBLEM FOR THE FUTURE RECONCILIATION BOTH HUTU and TUTSI.

Solution to this problem is if the two ethnic Tutsi and Hutu each got its home land they should have two different country they don't have to live together

only then they can have 100% peaceful life